

## CLAIMS

I claim:

1. A hair treatment device comprising:
  - 5 a hair roller including a compressible roller body, a first notch and a second notch;
    - a base implement including a first end and a second end wherein both said first and second ends each include a cradle for receiving said notches; and,
    - 10 a support rod connecting said first end and said second end.
  2. The hair roller of Claim 1, wherein said roller body is made of a lightweight, heat insulating material.
  - 15 3. The hair roller of Claim 1, wherein the inside of said roller body contains a supporting structure.
  4. The base implement of Claim 1, wherein said first end and said second end each include a cut-out shoulder.
  - 20 5. The base implement of Claim 1, wherein said support rod includes a support arm.

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6. A base implement comprising:  
a first end and a second end, wherein both said first and second  
ends each include a cradle; and,  
a support rod connecting said first end and said second end.

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7. The base implement of Claim 6, wherein said first end and said  
second end each include a cut-out shoulder.

8. The base implement of Claim 6, wherein said support rod  
includes a support arm.

9. A method of changing the appearance of one's hair comprising:  
wrapping a tress of hair around a compressible roller body of a  
hair roller, wherein said hair roller includes a first notch and a second  
notch;

- resting a base implement on a wearer's scalp, wherein said base  
implement includes a first end and a second end wherein both first  
and second ends each include a first and second cradle, respectively;  
engaging said hair roller and said base implement by inserting  
said first and second notch into said first and second cradle,  
respectively;

- applying solutions to the hair; and,  
removing said tress of hair from said hair roller.

10. The method of Claim 9 wherein heat is applied to said tress of  
hair.

11. The method of Claim 10 wherein said solutions are removed from said hair.

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